

Co-design Appropriateness Reflective Tool (CART)

Instructions

The purpose of the CART process is to provide a framework by which the user can reflect on how appropriate and feasible a co-design approach is in your particular context or problem area. This tool is best used as part of a reflective discussion between team members, but can also be used by individuals. The following is a suggested process for implementing the CART:

1. Hold a meeting with team members. As individuals, each team member should review the questions on the tool (either in advance of the meeting or at the start) and take notes to capture their responses.
2. As a team, discuss the individual responses to each question with a nominated scribe taking notes and synthesising the key themes that emerge from the individual responses.
3. The scribe then presents back to the whole group the themes that they identified. These themes can then be discussed as a group, resulting in an overarching response or statement that addresses the question.



Resourcing

Will you be able to identify the time and funding required?



Capability and training

Effective co-design facilitation takes a particular set of skills. Is there a way to obtain the skills – either by hiring someone or building capacity prior to undertaking the project?



Reframing the problem

Is the time and space provided to explore the problem, including the assumptions that underpin what you feel the problem is?



Eco-system

What are the different internal and external factors that might influence your project? These could be at the national or local level. Are the relationships in place to access the right people?



Support

Do you, or can you obtain, support across all levels of stakeholders? From Executive through to local staff – even if you don't have it yet, can you invest the time to build buy-in?



Leadership

Will strong and consistent leadership be in place for the life of the project?